

## Nutrition Education Resources

As Mentioned on **Future of Food** Webinars February-July 2013

Webinar recordings available for public viewing at:

[www.eatright.org/foundation/kidseatright](http://www.eatright.org/foundation/kidseatright)

- Academy of Nutrition and Dietetics [www.eatright.org](http://www.eatright.org)
  - Kids Eat Right member website [www.kidseatright.org/volunteer](http://www.kidseatright.org/volunteer)
  - Kids Eat Right public website [www.kidseatright.org](http://www.kidseatright.org)
- Feeding America [www.feedingamerica.org](http://www.feedingamerica.org)
  - Map the Meal Gap [www.feedingamerica.org/mapthegap](http://www.feedingamerica.org/mapthegap)
  - Food Bank Locator [www.feedingamerica.org/foodbank](http://www.feedingamerica.org/foodbank)
- National Dairy Council [www.nationaldairycouncil.org](http://www.nationaldairycouncil.org)
  - Fuel Up To Play60 [www.fueluptoplay60.com](http://www.fueluptoplay60.com)
- CDC Online Resources [http://www.cdc.gov/healthyweight/healthy\\_eating/recipes.html](http://www.cdc.gov/healthyweight/healthy_eating/recipes.html)  
CDC Simple Steps Brochure [http://www.fruitsandveggiesmorematters.org/wp-content/uploads/UserFiles/File/pdf/resources/cdc/ThreeSimpleSteps\\_Brochure.pdf](http://www.fruitsandveggiesmorematters.org/wp-content/uploads/UserFiles/File/pdf/resources/cdc/ThreeSimpleSteps_Brochure.pdf)
- Dairy Council of Arizona Label Ease [www.dairycouncilofaz.org/online-nutrition-resources](http://www.dairycouncilofaz.org/online-nutrition-resources)
- Food Bank of NYC CookShop Program <http://www.foodbanknyc.org/our-programs/nutrition-and-health-education/cookshop>
- Harvesters Community Food Network [www.harvesters.org](http://www.harvesters.org)
- Iowa State Extension's Online Store "Spend Smart. Eat Smart."  
<https://store.extension.iastate.edu/ItemDetail.aspx?ProductID=12906>
- Just Say Yes to Fruits and Vegetables <http://www.jsyfruitveggies.org/>
- National Institutes of Health Viva Bien <http://publichealth.brown.edu/ICHP/live-well-viva-bien.php>
- Oregon State University <http://extension.oregonstate.edu/catalog/pdf/em/em8763-e.pdf>
- Produce for Better Health (Foundation) <http://www.pbhfoundation.org>
- Purdue Extension [www.extension.purdue.edu/marion](http://www.extension.purdue.edu/marion) Family Nutrition < Seniors
  - PDF files of materials:  
<http://www3.ag.purdue.edu/counties/marion/Documents/NUT%20ED/Nut%20Ed%202.pdf>
  - The Education Store <https://mdc.itap.purdue.edu/>
    - Small Steps to Health & Making Your Food Dollars Work Curricula
    - What's on MyPlate and Reading Labels Makes Sense DVDs
  - Indiana's Emergency Food Resource Network <http://www.purdue.edu/indianasefrnetwork/>
  - Newsletters, recipes <http://www.purdue.edu/indianasefrnetwork/newsletter/default.asp>
  - Educational inserts  
<http://www.purdue.edu/indianasefrnetwork/newsletter/educationalinserts.aspx>

- Recipe Rainbow Database [www.pittsburghfoodbank.org/recipe/database/](http://www.pittsburghfoodbank.org/recipe/database/)
- Share Our Strength [www.nokidhungry.org](http://www.nokidhungry.org)
  - Cooking Matters [www.cookingmatters.org](http://www.cookingmatters.org)
  - Shopping Matters [www.CookingMattersAtTheStore.org](http://www.CookingMattersAtTheStore.org)
- SNAP-ED Resources [www.snap.nal.usda.gov](http://www.snap.nal.usda.gov)
  - Seasonal Calendar <http://snap.nal.usda.gov/resource-library/nutrition-through-seasons/whats-season-season>
  - SNAP-Ed recipe finder <http://recipefinder.nal.usda.gov/>
- Team Nutrition <http://www.fns.usda.gov/teamnutrition>
- The Bean Institute <http://beaninstitute.com/consumer-handouts/>
- The SNAP Challenge (experience first-hand what it is like to eat on only \$4 a day) [http://site.foodshare.org/site/PageServer?pagename=programs\\_movement\\_education\\_snapchallenge](http://site.foodshare.org/site/PageServer?pagename=programs_movement_education_snapchallenge)
- University of Minnesota Extension <http://www1.extension.umn.edu/family/health-and-nutrition/families/home-cooking/the-recipe-box/>
- University of Nebraska, Lincoln Extension <http://lancaster.unl.edu/food/>
- USDA MyPlate [www.choosemyplate.gov](http://www.choosemyplate.gov)
- Wheatfoods Council <http://www.wheatfoods.org/>
- Whole Grain Council <http://wholegrainscouncil.org/>