

## Healthy School Resources

### School Wellness

#### Iowa Department of Education

<https://www.educateiowa.gov/pk-12/nutrition-programs/school-wellness>

#### HealthierUS School Challenge: Smarter Lunchrooms

<http://www.fns.usda.gov/hussc/healthierus-school-challenge-smarter-lunchrooms>

#### Smarter Lunchrooms Movement

[smarterlunchrooms.org/](http://smarterlunchrooms.org/)

#### Alliance for a Healthier Generation

<https://www.healthiergeneration.org/>

#### Fuel Up To Play 60

<http://www.fueluptoplay60.com/>

#### Vermont Serving Up a School Culture

[http://education.vermont.gov/documents/EDU-School\\_Nutrition\\_Serving\\_Up\\_School\\_Culture.pdf](http://education.vermont.gov/documents/EDU-School_Nutrition_Serving_Up_School_Culture.pdf)

#### Iowa Department of Education: Supporting School Meals

<https://www.educateiowa.gov/pk-12/nutrition-programs/supporting-school-meals>

### Nutrition

#### Iowa Department of Education

##### Team Nutrition

<http://www.fns.usda.gov/tn/resource-library>

#### Pick a Better Snack

<https://www.idph.state.ia.us/inn/PickABetterSnack.aspx>

#### Iowa Farm to School

<http://www.iowaagriculture.gov/AgDiversification/farmToSchoolProgram.asp>

#### Iowa State University Extension and Outreach

<http://www.extension.iastate.edu/4h/CLL>

#### USDA MyPlate

<http://www.choosemyplate.gov/>

### Physical Activity

#### Iowa Department of Education

<https://www.educateiowa.gov/physical-activity>

#### Live Healthy Iowa Kids

<http://www.livehealthyiowakids.org/>

#### GoNoodle

[www.gonoodle.com](http://www.gonoodle.com)

#### Starting A Walking School Bus

<http://www.walkingschoolbus.org>